



Laser Hair Removal Frequently Asked Questions

FREQUENTLY ASKED QUESTIONS (FAQ) FOR LASER HAIR REMOVAL

Does it hurt?

The vast majority of patients have no problems tolerating the procedure. There is sometimes mild pain associated with laser treatments. This discomfort ranges in intensity and has been described as mild as the snap of a rubber band to the sensation of a hot pinprick. Clients often experience more pain sensation when around their menstrual period.

How much does it cost?

The cost of laser hair removal is based on the area being treated. During your consultation visit, you will be given in writing your specific cost and the expected number of treatments necessary.

What is the average number of treatments needed?

8-10 treatments* with a waiting period of 4 to 8 weeks between treatments. Note: Not all people are looking for complete hair removal. This is especially true for men wanting to thin out their body hair. The waiting period between treatments will be different depending upon the body area being treated. This will be determined during the consultation visit. Hair responds best to laser treatment during the early anagen (growth) phase. All of the hair is never in the growth phase at the same time. Hair in the catagen (regression) phase or the telogen (resting) phase is not thought to be effected by treatment. For these reasons, it always takes multiple treatments to successfully treat all unwanted hair.

Who is a candidate for laser hair removal?

In most cases, patients with "fairer" skin and "darker" hair are ideal for laser hair removal services. Having said that, hair removal can be performed on darker skin types as well as long as the hair is dark. The laser will not work on blonde, red or gray hair.

What does “darker” hair mean?

Black and brown hair responds best. This is because the target of the laser is melanin. Hair that has lost its (melanin) color (white & gray hair) will most likely not respond to laser treatment. Blonde and red hair may respond minimally.

What does “fairer” skin mean?

The question to first ask to help determine skin type is: "If your skin is exposed to the sun for the first time of the season (without the use of a sunscreen) how would it react? If the skin is affected by light (either burns or tans), it is safe to assume they are appropriate candidates for laser hair removal.

Note: Other than skin type VI (Black skin), the laser can treat hair with varying degrees of effectiveness.

What should I do prior to my consultation?

It is best to for first time patients to stop treating their hair by any method (shaving, clipping, etc.) at least 2 days before their consultation visit. This will allow the provider to examine the hair to determine if you are a candidate.

What should I do prior to my 1st treatment?

At your first visit and each subsequent visit, you must shave the area to be treated prior. In addition, there CANNOT BE ANY SUN EXPOSURE including tanning lotion and/or spray tan on the area to be treated.

Is laser hair removal permanent?

Unfortunately, with any procedure we cannot guarantee that the hair will be permanently removed. The hair will be significantly reduced and may in fact be completely gone. Although we cannot promise permanent hair removal, the results of laser therapy have been excellent.

Can I be treated the same day as the consultation?

Yes, as long as you are a candidate for the procedure. Here are a few things that may disqualify you as a candidate:

1. Recent sun exposure including spray tans, tanning bed usage or tanning lotion
2. Pregnant or breastfeeding
3. Recent use of antibiotics

4. Recent usage of Accutane
5. Red, blonde, white or gray hair that contains insufficient melanin for treatment
6. Recent waxing, plucking or bleaching of the hair to be treated